

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Girls 60 Meter Dash Cadet****Top 7 Advance by Time**

Name	Year	School	Seed	Prelims
Preliminaries				
1 Kadji Majo, Kayla Divine	10	Saint-Jean O	7.86	7.99q
2 Canuel, Coralie	10	Lavironde	8.32	8.30q
3 Savard, Léanne	10	Jeannois D'Alma		8.59q
4 Bernier, Florence	10	Coubertin	8.50	8.65q
5 Matte, Florence	10	Drummondville	9.35	9.38q
6 Gervais, Noémie	12	Les Lobsters	9.00	9.45q

Girls 60 Meter Dash Cadet

Name	Year	School	Prelims	Finals
Finals				
1 Kadji Majo, Kayla Divine	10	Saint-Jean O	7.99	8.07
2 Canuel, Coralie	10	Lavironde	8.30	8.33
3 Bernier, Florence	10	Coubertin	8.65	8.59
4 Savard, Léanne	10	Jeannois D'Alma	8.59	8.70
5 Matte, Florence	10	Drummondville	9.38	9.51
6 Gervais, Noémie	12	Les Lobsters	9.45	9.65

Girls 300 Meter Dash Cadet

Name	Year	School	Seed	Finals
1 Gaudreau, Camille	11	Lavironde		45.39
2 Fortin, Aurélie	09	Lavironde	46.40	46.58
3 Savard, Léanne	10	Jeannois D'Alma		47.47
4 Bernier, Florence	10	Coubertin	45.80	49.16

Girls 800 Meter Run Cadet

Name	Year	School	Seed	Finals
1 Ethier, Mia	10	Athlétisme Rive-Sud	2:32.00	2:37.51
2 Gaudreau, Camille	11	Lavironde	2:30.00	2:37.67
3 Lepage, Mia	12	Les Lobsters	2:26.52	2:38.46
4 Fortin, Aurélie	09	Lavironde	2:31.70	2:42.09
5 Michaud, Jade	09	Lavironde	2:45.00	2:49.61

Girls 2000 Meter Run Cadet

Name	Year	School	Seed	Finals
1 Pouliot, Audrey	10	C.A.U.L.	6:50.00	7:09.34
2 Ethier, Mia	10	Athlétisme Rive-Sud	7:10.00	7:40.19
3 Doyon, Coralie	11	Jeannois D'Alma		9:00.47

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Girls 60 Meter Hurdles 30'' vert Cadet****Top 7 Advance by Time**

Name	Year	School	Seed	Prelims
Preliminaries				
1 Kadji Majo, Kayla Divine	10	Saint-Jean O	8.80	9.45q
2 Canuel, Coralie	10	Lavironde	10.02	9.87q

Girls 60 Meter Hurdles 30'' vert Cadet

Name	Year	School	Prelims	Finals
Finals				
1 Kadji Majo, Kayla Divine	10	Saint-Jean O	9.45	9.01
2 Canuel, Coralie	10	Lavironde	9.87	9.89

Girls Pole Vault Cadet

Name	Year	School	Seed	Finals
1 Nadeau, Juliette	11	C.A.U.L.	1.80m	2.10m
1.65 1.80 1.95 2.10 2.25 XO O XXO XO XXX				
2 Canuel, Coralie	10	Lavironde		1.95m
1.65 1.80 1.95 2.10 XO XO O XXX				
-- Beauchemin, Alix	09	C.A.U.L.	2.55m	NH
2.10 XXX				

Women 60 Meter Dash Ouvert**Top 14 Advance by Time**

Name	Year	School	Seed	Prelims	H#
Provincial: P 7.21 2/28/2024 Audrey Leduc, Gatineau					
7.42 U USports					
Preliminaries					
1 Tedga, Roxane	06	Athlétisme Rive-Sud	7.52	7.57q	6
2 Dulude Bellavance, Sarah	01	Laval Rouge-et-Or	7.60	7.66q	5
3 Chiasson, Frederique	02	Laval Rouge-et-Or	7.77	7.77q	4
4 Turgeon, Octanne	08	Drummondville	7.92	7.84q	2
5 Jones, Laurence	96	Laval Rouge-et-Or	7.80	7.92q	3
6 Boccacci, Ilona	03	Laval Rouge-et-Or	7.99	7.96q	1
7 Saïd, Ève	07	C.A.U.L.	8.04	7.99q	1
8 Dube, Sophie	05	Unb Reds	8.14	8.10q	5
9 Carrier, Rosemarie	06	Unattached	8.06	8.16q	2
10 Lauzon, Nethania Kim	02	Montréal Carabins	8.15	8.19q	6
11 Mostel, Tina	04	Montréal Carabins	8.20	8.21q	6
12 Quidoz, Audrey	02	Laval Rouge-et-Or	8.25	8.23q	3
13 Vallée, Maëilly	06	Athlétisme Rive-Sud	8.32	8.26q	3
14 Mandombi, Felicia	10	Drummondville	8.51	8.27q	6
15 Delattre, Livia	04	Uqtr Patriotes	8.20	8.28	5
16 Michaud, Kristy	06	Unb Reds	8.10	8.29	4
17 Maylis Ahouma, Zaboro	01	Lasalle Athletics		8.38	3 8.372
18 Dionne, Florence	99	Montréal Carabins	8.08	8.38	3 8.375

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Women 60 Meter Dash Ouvert**

19 Boisjoli, Thamaël	03 Uqtr Patriotes	8.23	8.41	4	8.405
19 Thevenot, Alice	02 Montréal Carabins		8.41	2	8.405
21 Roux, Laurence	98 Montréal Carabins	8.31	8.47	2	
22 Bouchard, Eve-Marie	04 C.A.Q.	8.30	8.51	1	
23 Vogt, Anne	06 Unb Reds	8.30	8.53	2	
24 Dewar, Allison	05 Unb Reds		8.56	3	
25 Grenier, Amélie	02 Uqac	8.40	8.58	4	
26 Smith, Megan	02 C.A.U.L.		8.66	5	
27 Corneau, Jolianne	02 Uqac	8.70	8.67	6	
28 Simard, Juliette	07 C.A.U.L.		8.68	6	
29 Crey, Juliette	01 ETS	8.73	8.69	4	
30 Hoang-Yip, Coralie	02 Montréal Carabins		8.74	4	
31 Cloutier, Laurence	05 Lavironde		8.77	1	8.764
32 Bouchard, Rosalie	04 Uqac	8.70	8.77	5	8.770
33 Milanova, Siyana	01 ETS	8.82	8.92	3	
34 Descoteau, Ella	05 Unb Reds	8.30	8.96	1	
35 Daigle, Océane	05 C.A.U.L.		8.99	2	
36 Blais, Justine	03 C.A.U.L.		9.05	6	
37 Boucher, Aryane	05 Lavironde		9.17	1	
38 Ambeault, Marie-Anne	01 ETS		9.28	5	

Women 60 Meter Dash Ouvert**Top 7 Advance by Time**

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 Provincial: P 7.21 2/28/2024 Audrey Leduc, Gatineau
 7.42 U USports

Name	Year	School	Prelims	Semis	H#
=====					
Semi-Finals					
1 Dulude Bellavance, Sarah	01	Laval Rouge-et-Or	7.66	7.59q	1
2 Tedga, Roxane	06	Athlétisme Rive-Sud	7.57	7.65q	2
3 Chiasson, Frederique	02	Laval Rouge-et-Or	7.77	7.77q	1
4 Turgeon, Octanne	08	Drummondville	7.84	7.85q	2
5 Jones, Laurence	96	Laval Rouge-et-Or	7.92	7.93q	2
6 Saïd, Ève	07	C.A.U.L.	7.99	8.01q	1
7 Boccacci, Ilona	03	Laval Rouge-et-Or	7.96	8.04q	1
8 Mandombi, Felicia	10	Drummondville	8.27	8.15	1
9 Lauzon, Nethania Kim	02	Montréal Carabins	8.19	8.19	1
10 Dube, Sophie	05	Unb Reds	8.10	8.21	2
11 Mostel, Tina	04	Montréal Carabins	8.21	8.26	1
12 Vallée, Maëly	06	Athlétisme Rive-Sud	8.26	8.31	2
13 Quidoz, Audrey	02	Laval Rouge-et-Or	8.23	8.32	2
13 Carrier, Rosemarie	06	Unattached	8.16	8.32	2

Women 60 Meter Dash Ouvert

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 Provincial: P 7.21 2/28/2024 Audrey Leduc, Gatineau
 7.42 U USports

Name	Year	School	Semis	Finals	Points
=====					
Finals					
1 Tedga, Roxane	06	Athlétisme Rive-Sud	7.65	7.55	
2 Dulude Bellavance,	01	Laval Rouge-et-Or	7.59	7.59	10
3 Turgeon, Octanne	08	Drummondville	7.85	7.94	
4 Saïd, Ève	07	C.A.U.L.	8.01	8.07	

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Women 60 Meter Dash Ouvert**

5 Mandombi, Felicia	10 Drummondville	8.15	8.31	8
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Women 300 Meter Dash Ouvert

Provincial: P 37.46 1/25/2014 Kimberly Hyacinthe, Vainqueur Plus
39.01 U USports

Name	Year	School	Seed	Finals	H#	Points
1 Sommers, Anna	06	Unb Reds	41.50	41.80	1	10
2 Boccacci, Ilona	03	Laval Rouge-et-Or	41.00	42.52	1	8
3 Peters, Léah	05	Zénix	43.00	43.45	2	
4 Delattre, Livia	04	Uqtr Patriotes	42.15	43.62	1	6
5 Boisjoli, Thamaël	03	Uqtr Patriotes	46.43	45.45	3	5
6 Crey, Juliette	01	ETS	45.89	46.02	2	4
7 Cloutier, Laurence	05	Lavironde	48.00	46.16	3	
8 Grenier, Amélie	02	Uqac	48.00	47.45	3	3
9 Smith, Megan	02	C.A.U.L.		47.75	5	
10 Mandombi, Felicia	10	Drummondville	52.74	48.05	4	
11 Bouchard, Rosalie	04	Uqac	48.00	48.42	3	2
12 Simard, Juliette	07	C.A.U.L.		49.78	5	
13 Boucher, Aryane	05	Lavironde	51.00	49.79	4	
14 Corneau, Jolianne	02	Uqac	48.00	50.57	4	1
15 Grillot, Celia	99	C.A.Q.	58.05	51.20	4	
16 Louise, Boudreau	78	C.A.Q.	1:12.00	1:03.67	5	
17 Martel, Caroline	72	C.A.Q.	1:12.00	1:08.85	5	
-- Yach, Koree	06	Unb Reds	42.00	DQ	1	TR 17.3.3

Women 600 Meter Run Ouvert

Provincial: P 1:28.11 3/10/2023 Emma Dagenais, C.A.Université Laval
1:31.82 U USports

Name	Year	School	Seed	Finals	H#	Points
1 Poulin, Marie-Fréd	99	Laval Rouge-et-Or	1:32.00	1:30.60 U	1	10
2 Gallé, Mélina	02	Laval Rouge-et-Or	1:33.00	1:36.61	1	8
3 Jones, Laurence	96	Laval Rouge-et-Or	1:35.00	1:36.90	1	6
4 Deslandes, Myriam	03	Montréal Carabins	1:36.92	1:37.01	1	5
5 Essabar, Jade	03	ETS	1:34.80	1:37.14	1	4
6 Hunte, Alexane	07	Athlétisme Rive-Sud	1:37.00	1:39.29	2	
7 Quido, Audrey	02	Laval Rouge-et-Or	1:38.00	1:40.19	2	3
8 Dewar, Shannon	08	Ottawa Lions T.F.C	1:41.00	1:40.82	2	
9 Labbé, Florence	06	Lavironde	1:42.01	1:42.04	2	
10 Quirion, Juliette	03	Vert et Or	1:45.00	1:45.05	2	2
11 Yesli, Céline	97	Montréal Carabins	1:49.97	1:46.41	3	1
12 Caron, Gabrielle	04	Uqac	1:47.00	1:46.42	3	
13 Banville, Eugenie	01	Vert et Or	1:47.00	1:46.85	3	
14 Yach, Koree	06	Unb Reds	1:42.50	1:47.36	2	
15 Tesfay, Blaine	03	Uqac	1:52.00	1:51.32	3	
16 Smith, Taylor	06	Unb Reds	1:47.00	1:51.55	3	
17 Jean, Lauralie	08	Lavironde		1:56.72	3	
18 Germain, Béatrice	03	Uqac	1:55.00	1:57.32	3	
19 Gaudreault, Floren	09	Jeannois D'Alma		2:08.88	3	
-- Lee, Cassandra	98	Vert et Or	1:42.21	DNF	2	
-- Chiasson, Frederiq	02	Laval Rouge-et-Or	1:29.00	DNF	1	
-- Gagnon, Juliette	06	Lavironde	1:53.00	DQ	3	TR 24.13

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Women 1000 Meter Run Ouvert**

Provincial: P 2:38.77 2/28/2020 Laurence Côté, C.A. Université Laval
 2:47.72 U USports

Name	Year	School	Seed	Finals	H#	Points
1 Dutruy, Juliette	03	Laval Rouge-et-Or	2:54.00	2:56.35	1	10
2 Labbé, Florence	06	Lavironde	3:05.34	3:01.78	1	
3 Ruffin, Lucie	89	Saint-Laurent S	3:08.00	3:03.73	1	
4 Courchesne, Marie-	03	Uqtr Patriotes	3:07.00	3:08.45	1	8
5 Thibault, Marick	01	Uqtr Patriotes	3:07.00	3:09.99	1	6
6 Gagnon, Maude	94	Uqtr Patriotes	3:07.00	3:10.22	1	5
7 Lussier, Charlotte	06	C.A.U.L.	3:05.00	3:11.35	1	
8 Martel, Camille	06	C.A.U.L.	3:15.00	3:12.33	2	
9 Têtu, Élizabeth	03	Uqtr Patriotes	3:15.00	3:14.45	2	4
10 Roberge, Alyssa	02	Remparts	3:10.00	3:15.50	1	3
11 Chouinard, Alice	06	C.A.U.L.	3:05.00	3:16.95	1	
12 Gagnon, Juliette	06	Lavironde	3:15.00	3:19.99	2	
13 Caron, Gabrielle	04	Uqac	3:25.00	3:20.32	2	2
14 Jean, Lauralie	08	Lavironde	3:20.00	3:20.36	2	
15 Dagenais, Emy	02	Uqtr Patriotes		3:21.30	3	1
16 Cusson, Mélydia	06	Sherbrooke	3:27.03	3:21.86	3	
17 Harvey, Emmy	01	Uqtr Patriotes	3:17.00	3:22.74	2	
18 Côté, Léane	06	Unattached	3:33.00	3:22.90	3	
19 Royer, Fannie	88	Indépendant	3:20.00	3:23.30	2	
20 Viens, Maryse	06	C.A.U.L.	3:25.00	3:24.10	2	
21 Longval, Marguerit	05	Unattached	3:40.00	3:24.86	3	
22 Jean, Noée	03	Uqac	3:30.00	3:26.57	3	
23 Simard, Marianne	04	Unattached	3:30.00	3:26.75	3	
24 Auclair, Laura	04	Uqtr Patriotes	3:16.00	3:27.63	2	
25 Lucas, Olivia	04	Remparts	3:25.00	3:28.16	2	
26 Dion, Lily-Rose	07	C.A.U.L.	3:25.00	3:28.96	2	
27 Fortier, Marie-Ève	03	C.A.U.L.	3:27.31	3:30.32	3	
28 Faucher, Julianne	07	C.A.U.L.	3:45.00	3:41.50	3	
29 Gaudreault, Floren	09	Jeannois D'Alma		3:49.72	3	

Women 1 Mile Run Ouvert

Provincial: P 4:21.28 1/18/1986 Christine Slythe, C.A de Sherbrooke
 4:46.28 U USports

Name	Year	School	Seed	Finals	H#	Points
1 Boudreau, Camille	01	Laval Rouge-et-Or	4:45.00	4:59.60	1	10
2 Lajeunesse, Julie	80	Indépendant	4:56.00	5:04.57	1	
3 Caron, Audrey-Anne	02	Laval Rouge-et-Or	5:00.00	5:06.96	1	8
4 Thériault, Julianne	07	Coubertin	4:55.00	5:07.84	1	
5 Marsh, Alice	03	Laval Rouge-et-Or	4:51.00	5:08.88	1	6
6 Lavigne, Sabrina	99	Laval Rouge-et-Or	4:50.00	5:10.15	1	5
7 Boilard, Catherine	01	Laval Rouge-et-Or	5:00.00	5:13.46	1	4
8 Goncalves, Ava	05	Unb Reds	5:09.00	5:22.82	2	3
9 Elmzem, Camilia	10	Athlétisme Laval	5:25.00	5:23.10	2	
10 Mercier, Coralie	05	Laval Rouge-et-Or	5:05.00	5:28.08	1	2
11 Bogus, Marianne	01	Uqac	5:35.00	5:30.63	2	1
12 Roberge, Alyssa	02	Remparts	5:28.00	5:31.25	2	
13 Benevides, Alexand	06	Unb Reds	5:12.00	5:33.31	2	
14 Chabot, Megane	04	C.A.U.L.	5:15.00	5:34.57	2	
15 Wesch-Dawson, Mach	05	C.A.U.L.	5:15.00	5:37.16	2	

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16 Michaud, Rose-Mari	08 Coubertin	5:05.00	5:38.58	1
17 Burke, Makayla	06 Unb Reds	5:23.00	5:52.86	2
18 Jean, Noée	03 Uqac	6:08.00	6:05.57	2
19 Gaudreault, Floren	05 C.A.U.L.	5:40.00	6:06.83	2
20 Gamache-Thibault,	06 C.A.U.L.		6:27.26	2
21 Duchesne, Sylvie	62 Lanaudière		6:50.26	2
-- Lemitre, Alexa	98 Laval Rouge-et-Or	4:45.00	DNF	1

Women 60 Meter Hurdles 33'' jaune Ouvert**Top 7 Advance by Time**

Provincial: P 8.01 1/28/1989 Julie Rocheleau, Indépendante
8.42 U USports

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 St-Germain, Maoly	02	Vert et Or	8.34	8.51q	1
2 Lu Langley, Vanessa	02	Saint-Laurent S	8.69	9.10q	2
3 Poulin, Marie-Frédérique	99	Laval Rouge-et-Or	8.90	9.19q	2
4 Mostel, Tina	04	Montréal Carabins	8.94	9.29q	1 9.285
5 Corriveau-Tozzi, Laetiti	02	Montréal Carabins	8.99	9.29q	1 9.286
6 Dewar, Allison	05	Unb Reds	10.00	9.89q	2
7 Vogt, Anne	06	Unb Reds	10.00	9.91q	2

Women 60 Meter Hurdles 33'' jaune Ouvert

Provincial: P 8.01 1/28/1989 Julie Rocheleau, Indépendante
8.42 U USports

Name	Year	School	Prelims	Finals	Points
Finals					
1 St-Germain, Maoly	02	Vert et Or	8.51	8.79	10
2 Lu Langley, Vaness	02	Saint-Laurent S	9.10	8.98	
3 Corriveau-Tozzi, L	02	Montréal Carabins	9.29	9.15	8
4 Mostel, Tina	04	Montréal Carabins	9.29	9.29	6
5 Dewar, Allison	05	Unb Reds	9.89	9.82	5
6 Vogt, Anne	06	Unb Reds	9.91	9.95	4

Women High Jump Ouvert

Provincial: P 1.81m 1/25/1997 Nathalie Belfort, Saint-Jean-Olympique
1.71m U USports

Name	Year	School	Seed	Finals	Points
1 Guillonneau, Salom	01	Laval Rouge-et-Or	1.60m	1.58m	10
			1.40 1.45 1.50 1.55 1.58 1.61		
			P P XO XO O XXX		
2 Barnard, Hannah	06	Unb Reds	1.55m	J1.58m	8
			1.40 1.45 1.50 1.55 1.58 1.61		
			O O O XO XXO XXX		
3 Guenneguez, Marie-	08	C.A.U.L.		1.55m	
			1.40 1.45 1.50 1.55 1.58		
			O O O XO XXX		

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****....Women High Jump Ouvert**

4 Rimouche, Sabrina 97 Saint-Laurent S 1.61m 1.45m
 1.40 1.45 1.50
 P O XXX

Women Pole Vault Ouvert

Provincial: P 4.35m 1/26/2013 Mélanie Blouin, C.A Université Laval
 3.89m U USports

Name	Year	School	Seed	Finals	Points
1 Leclerc, Émilie	24	C.A.U.L.	3.20m	3.25m	
1 Olivier, Nina	01	Uqac	3.00m	3.25m	10
3 Robitaille, Chloé	01	C.A.U.L.	2.80m	2.95m	
4 Cloutier, Sarah-Ma	03	Laval Rouge-et-Or	3.00m	2.65m	8
5 Savignac, Flavie	08	C.A.U.L.	2.50m	2.50m	
5 Déry, Mégane	01	Laval Rouge-et-Or	3.00m	2.50m	6
7 Hoang-Yip, Coralie	02	Montréal Carabins	2.00m	J2.50m	5
8 Corwin, Naomi	06	Unb Reds	2.50m	2.35m	4

Women Long Jump Ouvert

Provincial: P 6.30m 3/10/2018 Tatiana Aholou, C.A Dynamique de Laval
 6.01m U USports

Name	Year	School	Seed	Finals	Points
1 St-Germain, Maoly	02	Vert et Or	6.06m	5.75m	10
2 Angus, Haley	05	Unb Reds	5.20m	5.20m	8
3 Carrier, Rosemarie	06	Unattached	5.38m	5.14m	6
4 Maylis Ahouma, Zab	01	Lasalle Athletics		5.12m	5
5 Vallée, Maëilly	06	Athlétisme Rive-Sud	5.08m	5.10m	
6 Chabaud, Léna	05	Montréal Carabins	5.25m	5.08m	4
7 Corriveau-Tozzi, L	02	Montréal Carabins	5.01m	5.02m	3

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8 Fournier, Jia	04 Montréal Carabins	5.09m	4.92m	2
FOUL FOUL	4.82m 4.55m 4.88m 4.92m			
9 Emerson, Valerie	05 Unb Reds	4.50m	4.73m	1
4.73m 4.69m 4.39m				
10 Descoteau, Ella	05 Unb Reds	4.75m	4.14m	
4.12m 4.14m 3.94m				
11 Broad, Gracie	06 Unb Reds	4.50m	4.02m	
FOUL 4.02m FOUL				

Women Shot Put Ouvert

Provincial: P 18.01m 1/27/2012 Julie Labonté, Fleur de Lys
13.21m U USports

Name	Year School	Seed	Finals	H#	Points
1 Morin, Claudy	05 C.A.U.L.	12.00m	11.88m	1	
10.77m 11.48m 11.08m FOUL 10.97m 11.88m					
2 St-Hilaire, Myriam	97 Jakours Athlétisme	10.70m	10.83m	1	
9.99m 10.16m 10.05m 10.62m 9.51m 10.83m					
3 Matte, Rosalie	07 Sherbrooke		10.54m	2	
9.55m 10.54m FOUL 9.16m FOUL 9.53m					
4 Morrow, Ashley	06 Unb Reds	11.00m	10.42m	1	10
FOUL 10.42m FOUL FOUL 9.42m 10.02m					
5 Tcheutchoua, Aisli	04 Laval Rouge-et-Or	10.50m	10.34m	1	8
9.75m 10.34m 9.63m 9.47m 9.71m FOUL					
6 Lapierre, Laura	01 Laval Rouge-et-Or	11.00m	9.85m	1	6
9.68m 9.57m 8.78m 8.80m 9.09m 9.85m					
7 Klein, Mackenzie	05 Unb Reds	9.50m	9.83m	2	5
9.69m 8.43m 9.44m 9.83m 9.34m 9.30m					
8 Davis, Charlotte	05 Unb Reds	10.00m	9.81m	1	4
9.53m 9.23m 9.04m 9.81m 9.74m FOUL					
9 Dunn, Josie	05 Unb Reds	10.00m	9.23m	1	3
9.15m 9.23m 9.16m					
10 Déry, Kassandra	04 C.A.U.L.	10.00m	J9.23m	1	
9.10m 9.23m 8.19m					
11 Traoré, Houria	03 Montréal Carabins	10.11m	9.22m	1	2
9.22m 8.74m 6.07m					
12 Mason-Monestable,	02 Montréal Carabins		9.21m	2	1
9.21m 9.14m 8.88m					
13 Tremblay, Kelly-Ro	02 Laval Rouge-et-Or	9.00m	9.00m	2	
8.82m 9.00m 8.06m					
14 Parent-Delgadillo,	04 Montréal Carabins	9.80m	8.32m	2	
FOUL 8.32m 8.17m					
15 Poulin, Valérie	82 Indépendant		7.80m	2	
7.59m 7.63m 7.80m					
16 Thibeault, Léa	01 Uqac	9.00m	7.72m	2	
FOUL 7.70m 7.72m					
17 Aucoin, Léarose	04 Corsaire-Chaparral	8.30m	7.28m	2	
6.21m 7.28m 7.06m					
18 Corriveau-Tozzi, L	02 Montréal Carabins	8.14m	7.07m	2	
FOUL 7.07m 6.97m					
-- Guy, Audrey	01 Vert et Or	10.00m	FOUL	1	
FOUL FOUL FOUL					

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Women Hammer Throw Ouvert**

Name	Year	School	Seed	Finals	Points
Provincial: P 19.57m 3/8/2002 Marie-Josée Le Jour, Saint-Laurent Sélect 16.64m U USports					
1 Tcheutchoua, Aisli	04	Laval Rouge-et-Or	16.00m	16.64m U	10
		FOUL 15.72m 16.40m 16.64m FOUL 16.53m			
2 Morin, Claudy	05	C.A.U.L.	15.50m	15.59m	
		FOUL 14.75m FOUL 15.04m 15.59m FOUL			
3 Morrow, Ashley	06	Unb Reds	14.50m	15.30m	8
		15.30m 14.47m 14.94m FOUL FOUL FOUL			
4 Déry, Kassandra	04	C.A.U.L.	15.00m	15.00m	
		14.25m 14.51m 14.74m 14.31m 14.17m 15.00m			
5 Lapierre, Laura	01	Laval Rouge-et-Or	12.00m	13.36m	6
		13.10m FOUL FOUL 13.36m 13.32m 12.36m			
6 Davis, Charlotte	05	Unb Reds	11.00m	13.04m	5
		12.55m 12.75m FOUL 13.04m 12.73m 11.40m			
7 Tremblay, Kelly-Ro	02	Laval Rouge-et-Or	12.00m	12.64m	4
		12.64m FOUL 12.49m 12.43m FOUL 12.25m			
8 Dunn, Josie	05	Unb Reds	12.50m	12.59m	3
		12.25m 11.79m 12.59m 12.13m 11.18m 12.38m			
9 Matte, Rosalie	07	Sherbrooke		12.46m	
		12.46m 11.13m 11.00m			
10 Guy, Audrey	01	Vert et Or	10.00m	11.73m	2
		FOUL 11.73m FOUL			
11 Traoré, Houria	03	Montréal Carabins	8.40m	10.95m	1
		10.76m 10.95m FOUL			
12 Klein, Mackenzie	05	Unb Reds	10.00m	10.47m	
		9.37m 10.28m 10.47m			
13 Poulin, Valérie	82	Indépendant		9.46m	
		8.63m 9.46m 8.73m			
14 Aucoin, Léarose	04	Corsaire-Chaparral	9.66m	9.22m	
		FOUL 9.22m 7.92m			
15 Parent-Delgadillo,	04	Montréal Carabins		8.74m	
		8.74m 8.54m FOUL			

Indoor Pentathlon: #5 Women 800 Meter Run Ouvert Indoor Pentathlon

Name	Year	School	Finals	Points
1 Roy, Lyanna	03	Laval Rouge-et-Or	2:23.55	776
2 Chopin, Noemie	08	C.A.U.L.	2:32.72	659
3 Mussard, Maryah	04	C.A.Q.	2:38.89	586
4 Boisvert, Laurie	03	Montréal Carabins	2:48.06	484
5 Najarian, Océane	02	Vert et Or	2:48.80	476
6 Olivier, Nina	01	Uqac	2:48.89	475
7 Donati-Stoyanov, Kalina	05	Vert et Or	2:50.41	459
8 Naveang-Plouffe, Anne-Ma	02	Vert et Or	2:54.37	419
9 Mehdane, Fayrouz	06	C.A.U.L.	2:58.28	381
10 Berneron, Eva	06	C.A.U.L.	3:00.18	364

Indoor Pentathlon: #1 Women 60 Meter Hurdles Ouvert Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1 Roy, Lyanna	03	Laval Rouge-et-Or	8.96	2	918

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****....Indoor Pentathlon: #1 Women 60 Meter Hurdles Ouvert Indoor Pentathlon**

2 Chopin, Noemie	08 C.A.U.L.	9.51	1	806
3 Boisvert, Laurie	03 Montréal Carabins	9.53	2	802
4 Mussard, Maryah	04 C.A.Q.	9.66	1	777
5 Najarian, Océane	02 Vert et Or	9.85	2	740
6 Donati-Stoyanov, Kalina	05 Vert et Or	9.96	2	720
7 Naveang-Plouffe, Anne-Ma	02 Vert et Or	9.97	2	718
8 Berneron, Eva	06 C.A.U.L.	10.76	1	577
9 Mehdane, Fayrouz	06 C.A.U.L.	11.24	1	498
10 Olivier, Nina	01 Uqac	11.54	2	451
11 Hachey, Eloïse	03 Aetos Athletica	11.61	2	441

Indoor Pentathlon: #2 Women High Jump Ouvert Indoor Pentathlon

Name	Year School	Finals	Points
1 Boisvert, Laurie	03 Montréal Carabins	1.62m	759
1.53 1.56 1.59 1.62 1.65			
O XO XXO XXO XXX			
1 Najarian, Océane	02 Vert et Or	1.62m	759
1.53 1.56 1.59 1.62 1.65			
O O O XO XXX			
3 Roy, Lyanna	03 Laval Rouge-et-Or	1.59m	724
1.44 1.47 1.50 1.53 1.56 1.59 1.62			
O O O O XO XO XXX			
4 Naveang-Plouffe, Anne-Ma	02 Vert et Or	1.53m	655
1.41 1.44 1.47 1.50 1.53 1.56			
O O O XXO O XXX			
4 Mehdane, Fayrouz	06 C.A.U.L.	1.53m	655
1.44 1.47 1.50 1.53 1.56			
XXO O XO XO XXX			
6 Donati-Stoyanov, Kalina	05 Vert et Or	1.50m	621
1.41 1.44 1.47 1.50 1.53			
O O O XXO XXX			
6 Mussard, Maryah	04 C.A.Q.	1.50m	621
1.44 1.47 1.50 1.53			
O O O XXX			
8 Chopin, Noemie	08 C.A.U.L.	1.47m	588
1.38 1.41 1.44 1.47 1.50			
O O O XXO XXX			
9 Berneron, Eva	06 C.A.U.L.	1.35m	460
1.23 1.26 1.29 1.32 1.35 1.38			
O O O XO XXO XXX			
9 Olivier, Nina	01 Uqac	1.35m	460
1.20 1.23 1.26 1.29 1.32 1.35 1.38			
O O O O O XO XXX			

Indoor Pentathlon: #4 Women Long Jump Ouvert Indoor Pentathlon

Name	Year School	Finals	Points
1 Roy, Lyanna	03 Laval Rouge-et-Or	5.60m	729
5.14m 5.60m 5.47m			
2 Mussard, Maryah	04 C.A.Q.	5.12m	592
5.08m 5.12m 5.07m			

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****....Indoor Pentathlon: #4 Women Long Jump Ouvert Indoor Pentathlon**

3	Donati-Stoyanov, Kalina	05	Vert et Or	4.84m	516
	4.74m 4.84m 4.42m				
4	Naveang-Plouffe, Anne-Ma	02	Vert et Or	4.75m	492
	4.75m 4.68m 4.35m				
5	Chopin, Noemie	08	C.A.U.L.	4.70m	479
	4.70m 4.57m 4.55m				
6	Najarian, Océane	02	Vert et Or	4.63m	461
	4.45m 4.53m 4.63m				
7	Mehdane, Fayrouz	06	C.A.U.L.	4.62m	459
	4.12m 4.62m 4.27m				
8	Olivier, Nina	01	Uqac	4.58m	448
	4.54m 4.38m 4.58m				
9	Boisvert, Laurie	03	Montréal Carabins	4.53m	436
	4.26m 4.51m 4.53m				
10	Berneron, Eva	06	C.A.U.L.	4.49m	426
	4.49m 4.32m 4.07m				

Indoor Pentathlon: #3 Women Shot Put Ouvert Indoor Pentathlon

Name	Year	School	Finals	Points
1 Roy, Lyanna	03	Laval Rouge-et-Or	11.20m	608
			9.98m 10.22m 11.20m	
2 Donati-Stoyanov, Kalina	05	Vert et Or	10.98m	594
			10.55m 10.56m 10.98m	
3 Najarian, Océane	02	Vert et Or	10.32m	550
			9.45m 9.39m 10.32m	
4 Chopin, Noemie	08	C.A.U.L.	10.13m	538
			10.13m 9.99m 9.85m	
5 Boisvert, Laurie	03	Montréal Carabins	9.89m	522
			9.76m 9.89m 9.63m	
6 Olivier, Nina	01	Uqac	9.78m	515
			9.78m 9.74m 9.53m	
7 Mussard, Maryah	04	C.A.Q.	8.96m	462
			8.31m 8.96m 8.24m	
8 Mehdane, Fayrouz	06	C.A.U.L.	8.21m	413
			8.21m 8.07m 7.67m	
9 Naveang-Plouffe, Anne-Ma	02	Vert et Or	8.18m	411
			7.43m 8.18m 7.50m	
10 Berneron, Eva	06	C.A.U.L.	7.91m	394
			7.33m 7.39m 7.91m	

Women Indoor Pentathlon Ouvert

Name	Year	School	Seed	Finals	H#	Points
1 Roy, Lyanna	03	Laval Rouge-et-Or	3200	3755.00 U		10
2 Chopin, Noemie	08	C.A.U.L.		3070.00		
3 Mussard, Maryah	04	C.A.Q.	2700	3038.00		
4 Boisvert, Laurie	03	Montréal Carabins		3003.00		8
5 Najarian, Océane	02	Vert et Or	3000	2986.00		6
6 Donati-Stoyanov, K	05	Vert et Or	2900	2910.00		5
7 Naveang-Plouffe, A	02	Vert et Or	3200	2695.00		4
8 Mehdane, Fayrouz	06	C.A.U.L.		2406.00		

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024

12/7/2024 to 12/8/2024

Results**...Women Indoor Pentathlon Ouvert**

9 Olivier, Nina	01 Uqac	2349.00	3
10 Berneron, Eva	06 C.A.U.L.	2221.00	

Women 3000 Meter Race Walk Ouvert

Name	Year School	Seed	Finals
1 Drapeau, Rosalie	03 C.A.U.L.		15:11.25
2 Sauv�, Jacqueline	57 Club Citius	22:00.00	20:14.65

Boys 60 Meter Dash Cadet**Top 7 Advance by Time**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Riendeau, Mathis	09 Sherbrooke	7.33	7.29q	1
2 Takaki Fernandes Fra, Al	09 Sherbrooke	7.69	7.44q	1
3 Gamache, Xavier	09 Lavironde	7.41	7.56q	2
4 Herrera, Maxime	10 C.A.U.L.		7.63q	2
5 Tr�panier, Wesley	11 C.A.U.L.	7.93	7.81q	1
6 Garon, Jean-Gabriel	10 Lavironde	8.17	8.07q	2
7 St-Pierre, Louis	11 Lavironde		8.14q	1
8 Dub�, Maek	09 Coubertin	8.09	8.16	2
9 Rioux, William	11 Coubertin	8.85	8.62	1

Boys 60 Meter Dash Cadet

Name	Year School	Prelims	Finals
Finals			
1 Riendeau, Mathis	09 Sherbrooke	7.29	7.27
2 Takaki Fernandes Fra, Al	09 Sherbrooke	7.44	7.37
3 Gamache, Xavier	09 Lavironde	7.56	7.45
4 Herrera, Maxime	10 C.A.U.L.	7.63	7.65
5 Tr�panier, Wesley	11 C.A.U.L.	7.81	7.83
6 St-Pierre, Louis	11 Lavironde	8.14	8.13

Boys 300 Meter Dash Cadet

Name	Year School	Seed	Finals
1 Dub�, Maek	09 Coubertin	44.90	44.82
2 St-Pierre, Louis	11 Lavironde		44.83
3 Rioux, William	11 Coubertin	45.29	46.24
-- Leboeuf, Anakin	10 Athl�tisme Rive-Sud		DQ TR 17.3.3

Boys 800 Meter Run Cadet

Name	Year School	Seed	Finals
1 Leboeuf, Anakin	10 Athl�tisme Rive-Sud	2:05.86	2:03.39
2 Gibbs-D, Owen	09 Athl�tisme Rive-Sud	2:12.80	2:14.93
3 Desch�nes, Thomas	10 Les Lobsters	2:17.90	2:18.81

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Boys 2000 Meter Run Cadet**

Name	Year School	Seed	Finals
1 Chartrand, Élie	09 Coubertin	6:09.00	6:06.74
2 Gibbs-D, Owen	09 Athlétisme Rive-Sud	6:35.00	6:09.73
3 Bolduc, Zachary	10 Zénix	6:25.00	6:22.92

Boys 60 Meter Hurdles 33 jaune Cadet**Top 7 Advance by Time**

Name	Year School	Seed	Prelims
Preliminaries			
1 Takaki Fernandes Fra, Al	09 Sherbrooke	8.83	8.57q
2 Riendeau, Mathis	09 Sherbrooke		9.02q
3 Garon, Jean-Gabriel	10 Lavironde	9.62	9.52q
4 Cavalli, Romain	09 C.A.U.L.	8.82	9.61q
5 Déry, Zak	11 C.A.U.L.	11.50	11.39q

Boys 60 Meter Hurdles 33 jaune Cadet

Name	Year School	Prelims	Finals
Finals			
1 Takaki Fernandes Fra, Al	09 Sherbrooke	8.57	8.31
2 Cavalli, Romain	09 C.A.U.L.	9.61	8.59
3 Riendeau, Mathis	09 Sherbrooke	9.02	9.00
4 Garon, Jean-Gabriel	10 Lavironde	9.52	9.25
5 Déry, Zak	11 C.A.U.L.	11.39	11.45

Boys Pole Vault Cadet

Name	Year School	Seed	Finals
1 Cavalli, Romain	09 C.A.U.L.	3.40m	3.30m
			3.30 3.45
			O XXX
-- Déry, Zak	11 C.A.U.L.	2.00m	NH
			1.65
			XXX

Men 60 Meter Dash Ouvert**Top 14 Advance by Time**

Name	Year School	Seed	Prelims	H#
Provincial: P 6.45 2/13/1993 Bruny Surin, Videotron Athlétisme				
			6.75 U USports	
Preliminaries				
1 Houde, Zachary	04 Laval Rouge-et-Or	6.93	7.00q	9
2 Bositampen, Rabbi	99 Montréal Carabins	6.80	7.02q	11
3 Mompoin, Gabriel	02 Montréal Carabins	6.78	7.03q	12
4 Michel, Grégory	00 Vert et Or	6.90	7.07q	10
5 Dipoko, Cyprien	03 Laval Rouge-et-Or	7.00	7.08q	8
6 Marneris, Jimmy	99 Montréal Carabins	7.05	7.11q	3
7 Mukendi, Tshibangu Kemy	03 Montréal Carabins	7.23	7.16q	7

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Men 60 Meter Dash Ouvert**

8 Kaboré, Nerija Adoré	05 Athlétisme Rive-Sud	7.04	7.17q	4
9 Bouvry, Renaud	06 C.A.U.L.	7.03	7.18q	5
10 Bouffard, Isaac	05 C.A.U.L.	7.10	7.19q	2
11 Bouffard, Jacob	05 C.A.U.L.	7.17	7.20q	1 7.191
12 Mailloux Collin, David	02 Montréal Carabins	7.32	7.20q	12 7.195
13 Cantave, Jonathan	99 Uqam Citadins	7.18	7.22q	1
14 Brenko, Jean-Nicolas	01 ETS	7.19	7.23q	2
15 Smith, Logan	06 Unb Reds	7.31	7.24	12
16 Bradette, Alexis	00 Uqac	7.40	7.29	3
17 Brodeur, Vincent	05 Laval Rouge-et-Or	7.20	7.31	4
18 Lessard, Alexis	03 Uqtr Patriotes	7.51	7.32	11 7.318
18 Lavallée, Félix	01 Montréal Carabins	7.39	7.32	7 7.318
20 Guédé, Jean-Yves Balié	97 Uqtr Patriotes	7.40	7.34	6
21 Roussel, Francis-Charles	05 Unb Reds	7.25	7.35	8
22 Gagnon, Maxim	05 C.A.U.L.	7.20	7.38	6
23 Parent, Cédric	03 C.A.U.L.	7.40	7.40	5
24 Lavoie, Maxime	01 Vert et Or	7.20	7.42	3 7.412
25 Frenette, Jérémy	05 Remparts	9.30	7.42	10 7.413
26 Nached, Gabriel	03 Montréal Carabins	7.30	7.44	10
27 Carretier, Nathan	01 ETS	7.60	7.46	8
28 Denis, Louis-David	07 Cs Athlétisme	7.42	7.47	2
29 Gaudreault-Roy, Francis	96 Unattached	7.38	7.49	8 7.484
30 Essadiqi, Yasser	97 ETS	7.60	7.49	6 7.489
31 Fremont, Timothe	99 Drummondville	7.37	7.50	9 7.492
32 Delisle-Bravo, Imdai Ale	07 C.A.U.L.	7.33	7.50	11 7.499
32 Michaud, Anaël	02 Uqtr Patriotes	7.57	7.50	12 7.499
34 Poirier, Christophe	03 Montréal Carabins		7.51	6
35 Gagnon, Samuel	22 Uqac	7.40	7.52	4
36 Phillips, Anthony	06 Unb Reds	7.30	7.56	11
37 Pierre, Wesley	01 ETS	7.65	7.60	4 7.596
38 Puiusque, Thomas	01 ETS	7.67	7.60	3 7.598
39 Djomby, Damien	98 ETS	7.61	7.65	5
40 Charrette, Xavier	01 Vert et Or	7.40	7.66	1
41 Boivin, Félix	03 Uqac	7.45	7.67	6
42 Jobidon, Mathieu	04 C.A.U.L.	7.59	7.68	9
43 Tremblay, Émile	07 Sherbrooke		7.69	9 7.687
44 Laaziri, Othman	01 ETS	7.50	7.69	7 7.689
44 Goma, Pierre-Michel	00 C.A.U.L.		7.69	11 7.689
46 Thiry, Tristan	02 Uqac	7.40	7.69	1 7.690
47 Belfort, Cyrill Jamal	01 Uqam Citadins	7.93	7.70	3 7.691
48 Trépanier, Emrick	07 C.A.U.L.	7.50	7.70	10 7.696
49 Gagné, Mathis	07 Drummondville	7.50	7.73	8
50 Jordy Djomo, Mike	04 Cs Athlétisme	7.45	7.74	3 7.731
50 Poulin, Édouard	05 Vert et Or	7.20	7.74	5 7.731
52 George, Sotonte	07 Unb Reds	7.50	7.75	11
53 Aziz Diaw, Abdoul	96 Vert et Or	7.30	7.80	9
54 Briand, Olivier	02 Uqac	7.50	7.81	12
55 Alao, Dayane	97 C.A.U.L.	7.60	7.87	7
56 Beaulieu, Elliot	07 C.A.U.L.		7.88	10
57 Tiakoh, Yann Alex	06 C.A.U.L.		7.89	8
58 Boistel, Julien	98 ETS	7.85	7.91	2
59 Cordey, Jean-Philippe	83 C.A.Q.	8.00	7.99	5
60 Trudel, Antoine	07 C.A.U.L.		8.02	7
61 Faure-Chappat, Elliott	00 Uqam Citadins	7.93	8.03	4
62 Giroux, Thomas	03 Vert et Or	7.50	8.15	9

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Men 60 Meter Dash Ouvert**

63 Mansy, Louis	06 C.A.U.L.	8.19	12
64 Rheault, Étienne	08 Drummondville	8.24	11
65 Gendreau, Fabien	09 Lavironde	8.39	12
66 Déry, Martin	70 C.A.Q.	8.35	6
67 Forest, Martin	70 Lanaudière Olymp	8.55	6.65

Men 60 Meter Dash Ouvert**Top 7 Advance by Time**

Provincial: P 6.45 2/13/1993 Bruny Surin, Videotron Athlétisme
6.75 U USports

Name	Year School	Prelims	Semis	H#
Semi-Finals				
1 Mompoin, Gabriel	02 Montréal Carabins	7.03	6.88q	1
2 Bositampen, Rabbi	99 Montréal Carabins	7.02	6.90q	1
3 Dipoko, Cyprien	03 Laval Rouge-et-Or	7.08	6.91q	2
4 Houde, Zachary	04 Laval Rouge-et-Or	7.00	6.99q	2
5 Michel, Grégory	00 Vert et Or	7.07	7.02q	2
6 Marneris, Jimmy	99 Montréal Carabins	7.11	7.08q	1
7 Bouvry, Renaud	06 C.A.U.L.	7.18	7.12q	2 7.119
8 Bouffard, Isaac	05 C.A.U.L.	7.19	7.12	1 7.120
9 Mukendi, Tshibangu Kemy	03 Montréal Carabins	7.16	7.16	1 7.153
10 Bouffard, Jacob	05 C.A.U.L.	7.20	7.16	1 7.154
11 Mailloux Collin, David	02 Montréal Carabins	7.20	7.16	2 7.159
12 Kaboré, Neriya Adoré	05 Athlétisme Rive-Sud	7.17	7.18	2
13 Brenko, Jean-Nicolas	01 ETS	7.23	7.25	1
14 Cantave, Jonathan	99 Uqam Citadins	7.22	7.26	2

Men 60 Meter Dash Ouvert

Provincial: P 6.45 2/13/1993 Bruny Surin, Videotron Athlétisme
6.75 U USports

Name	Year School	Semis	Finals	Points
Finals				
1 Mompoin, Gabriel	02 Montréal Carabins	6.88	6.87	10
2 Bositampen, Rabbi	99 Montréal Carabins	6.90	6.88	8
3 Dipoko, Cyprien	03 Laval Rouge-et-Or	6.91	7.02	6
4 Houde, Zachary	04 Laval Rouge-et-Or	6.99	7.04	5
5 Marneris, Jimmy	99 Montréal Carabins	7.08	7.10	4 7.091
6 Michel, Grégory	00 Vert et Or	7.02	7.10	3 7.094
7 Bouvry, Renaud	06 C.A.U.L.	7.12	7.13	

Men 300 Meter Dash Ouvert

Provincial: P 33.40 3/12/1999 Alexandre Marchand, C.A. de Sherbrooke
34.74 U USports

Name	Year School	Seed	Finals	H#	Points
1 Mellish, Jack	06 Unb Reds	36.70	37.34	1	10
2 Hill, Alexander	06 Unb Reds	37.50	37.84	3	8
3 Pothier, Jérémy	01 Laval Rouge-et-Or	37.00	37.94	1	6
4 Denis, Louis-David	07 Cs Athlétisme	37.40	37.95	3	
5 Puiusque, Thomas	01 ETS	37.00	37.97	1	5

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Men 300 Meter Dash Ouvert**

6	Michaud, Anaël	02	Uqtr Patriotes	38.08	38.01	6	4	
7	Gagnon, Samuel	22	Uqac	38.00	38.92	5	3	
8	Frenette, Jérémy	05	Remparts	38.00	39.34	6	2	39.338
9	Noël, Cédric	09	Lavironde		39.34	8		39.339
10	Rivard, Émile	09	Lavironde	39.08	39.45	7		
11	Gaudreault-Roy, Fr	96	Unattached	37.77	40.00	4	1	
12	Aziz Diaw, Abdoul	96	Vert et Or	37.00	40.32	2		
13	Cornell, Ronan	06	Unb Reds	37.60	40.43	4		
14	Poulin, Édouard	05	Vert et Or	37.00	40.46	2		
15	Thiry, Tristan	02	Uqac	37.50	40.60	4		
16	Bradette, Alexis	00	Uqac	37.90	40.92	4		
17	Laaziri, Othman	01	ETS	38.00	40.93	5		
18	George, Sotonte	07	Unb Reds	38.50	41.00	7		
19	Rheault, Étienne	08	Drummondville		41.93	8		
20	Djomby, Damien	98	ETS	39.02	42.28	7		
21	Corriveau, Zakary	08	Lavironde		43.11	8		
22	Essadiqi, Yasser	97	ETS	38.00	43.82	5		
23	Gendreau, Fabien	09	Lavironde		46.30	8		
24	Forest, Martin	70	Lanaudière Olymp	46.51	47.45	7		

Men 600 Meter Run Ouvert

Provincial: P 1:17.26 3/11/2000 Alexandre Marchand, C.A. de Sherbrooke
 1:19.98 U USports

Name	Year	School	Seed	Finals	H#	Points
1	Cave, Pradel D'Oly	01	Laval Rouge-et-Or	1:21.00	1:25.13	1 10
2	Hill, Alexander	06	Unb Reds	1:23.50	1:25.41	1 8
3	Sanvi, Ohini Yanis	99	Montréal Carabins	1:23.00	1:25.89	1 6
4	Turcotte, Émile	03	Laval Rouge-et-Or	1:23.00	1:25.93	1 5
5	Poliquin, Christop	04	Uqtr Patriotes	1:28.00	1:26.97	2 4
6	Deslandes, Joseph	03	Uqac	1:28.90	1:30.32	2 3
7	Satgé, Nathan	02	Uqac	1:30.00	1:30.53	3 2
8	Chec, Léopold	03	Uqac	1:28.00	1:30.69	2 1
9	Vignola, Edmond	04	Coubertin	1:29.00	1:30.84	2
10	Masse, Marc-Antoin	01	Uqac	1:30.00	1:30.92	3
11	Benouanas, Élia	06	Jeannois D'Alma		1:31.49	4
12	Picard, Louis	08	Athlétisme Rive-Sud	1:30.00	1:31.94	3
13	Saïd, Émile	01	Laval Rouge-et-Or	1:21.00	1:32.41	1
14	Nahimana, Christia	01	Uqac	1:32.00	1:33.21	3
15	Danouj, Oussama	96	Unattached	1:24.00	1:33.42	1
16	Audet, Mathieu	03	Remparts	1:28.00	1:33.75	2
17	Lévesque, Christop	07	C.A.U.L.	1:34.00	1:38.22	4
18	Jolivet, Olivier	06	C.A.U.L.	1:34.00	1:39.67	4
--	Naour, Simon	04	Uqac	1:32.00	DQ	3 TR 17.3.3

Men 1000 Meter Run Ouvert

Provincial: P 2:21.02 1/23/2015 Charles Philibert-Thiboutot, C.A Université La
 2:24.94 U USports

Name	Year	School	Seed	Finals	H#	Points
1	Riad, Yasser	03	Laval Rouge-et-Or	2:28.00	2:28.90	1 10
2	Gorin, Victor	00	Laval Rouge-et-Or	2:30.00	2:31.61	1 8
3	deBlois, Étienne	04	Sherbrooke	2.39	2:39.33	1

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Men 1000 Meter Run Ouvert**

4	Poliquin, Christop	04	Uqtr Patriotes	2:36.00	2:39.81	1	6	
5	Appert, Thibaut	02	Uqac	2:40.00	2:40.25	2	5	
6	Dubé, Zachary	01	Uqtr Patriotes	2:48.00	2:40.30	2	4	
7	Gagnon, Charles El	08	C.A.U.L.	2:37.00	2:42.66	1		
8	Senneville, Rémi	04	Uqtr Patriotes	2:40.00	2:43.29	2	3	
9	Satgé, Nathan	02	Uqac	2:48.00	2:48.91	2	2	
10	Chec, Léopold	03	Uqac	2:42.00	2:49.06	2	1	
11	Picard, Louis	08	Athlétisme Rive-Sud	2:40.00	2:51.05	2		
12	Masse, Marc-Antoin	01	Uqac	2:48.00	2:52.52	2		
13	Blais, Christophe	06	Sherbrooke	2:39.00	2:53.28	1		
14	Noël, Cédric	09	Lavironde		2:55.66	3		
15	Soucy, Renaud	06	Remparts	2:55.00	3:01.35	3		
16	Marais, Cyprien	06	Remparts	2:50.00	3:01.53	3		
17	Hogue, Benoit	65	Corsaire-Chaparral	3:00.98	3:02.25	3		
18	Rivard, Émile	09	Lavironde	3:05.05	3:03.42	3		
19	Lacroix, Charles	07	Remparts	2:55.00	3:04.30	3		
20	Lapointe, Tristan	04	Remparts	2:55.00	3:05.45	3		
21	Corriveau, Zakary	08	Lavironde		3:05.97	3		
--	Giguère, Raphael	98	C.A.U.L.	2:26.00	DNF	1		
--	Karhi, Kalevi	03	Unb Reds	2:31.00	DNF	1		
--	Margot, Louis	05	Laval Rouge-et-Or	2:30.00	DQ	1		TR 17.3.3

Men 1 Mile Run Ouvert

Provincial: P 3:39.36 2/11/2017 Charles Philibert-Thiboutot, C.A Université Ia
4:05.77 U USports

Name	Year	School	Seed	Finals	H#	Points
1	Poulin, Charles	02	Laval Rouge-et-Or	4:11.00	4:14.98	1 10
2	Saal, Rudy	03	Laval Rouge-et-Or	4:10.00	4:17.66	1 8
3	Deslauriers, Alexi	99	Laval Rouge-et-Or	4:16.00	4:22.43	1 6
4	Plourde-Couture, F	99	Laval Rouge-et-Or	4:08.00	4:24.34	1 5
5	Courchesne, Jérémy	00	Uqtr Patriotes	4:11.00	4:24.72	1 4
6	Eberts, Quinn	03	Unb Reds	4:21.00	4:24.90	2 3
7	Abraham, Vincent	00	Uqtr Patriotes	4:15.00	4:25.88	1 2
8	Charretier, Jules	02	Uqac	4:30.00	4:26.66	2 1
9	Héroux, Éliott	01	Laval Rouge-et-Or	4:09.00	4:28.91	1
10	Bourdages, Félix	01	Laval Rouge-et-Or	4:18.00	4:30.24	1
11	Raiche, William	07	Athlétisme Laval	4:15.00	4:30.94	1
12	Jones, Caden	06	Unb Reds	4:21.00	4:30.95	2
13	Carcouet, Jules	04	Uqac	4:35.00	4:33.22	2
14	Bourez, Nicolas	01	Belgium	4:20.00	4:39.01	2
15	Fortin, Nicolas	03	Uqtr Patriotes	4:34.00	4:39.30	2
16	Hamel, Isaac	04	C.A.U.L.	4:35.00	4:42.63	2
17	Milette, Éloïc	07	Athlétisme Laval	4:22.00	4:43.52	2
18	Chabanne, Alexis	04	Uqac	4:38.00	4:44.00	3
19	Paquet, Olivier	88	Club De Course Volt	4:35.00	4:46.18	2
20	Andrew, Sam	06	Unb Reds	4:29.00	4:49.17	2
21	Young, Ian	03	Unb Reds	4:35.00	4:50.62	2
22	Shahid, Sadiq	05	Unb Reds	4:35.00	4:51.74	2
23	Lacasse, Philippe	91	Uqtr Patriotes	4:36.00	4:52.83	3
24	Kapps, Romain	01	Uqac	4:45.00	4:54.11	3
25	De La Huerta, Came	06	Jeannois D'Alma		4:54.74	3
26	Soucy-Giguère, Rap	04	C.A.U.L.	4:35.00	4:55.13	2
27	Lasnier, Jean-Chri	02	Uqtr Patriotes	4:38.00	4:56.32	3

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Men 1 Mile Run Ouvert**

28 Zaza, Ayman	99 Cs Athlétisme	4:45.00	4:59.72	3
29 Proulx, Philippe-A	00 Uqac	5:02.00	5:02.31	3
30 Marais, Cyprien	06 Remparts	4:39.00	5:11.90	3
31 Soucy, Renaud	06 Remparts	5:07.00	5:12.78	3
32 Lapointe, Tristan	04 Remparts	4:40.00	5:31.40	3
-- Bertrand, Xavier	96 C.A.U.L.	4:07.00	DNF	1
-- Marsh, Édouard	04 C.A.U.L.		DNF	2
-- Tremblay, Guillaume	06 C.A.U.L.	4:12.00	DNF	1

Men 60 Meter Hurdles 42'' bleu Ouvert**Top 7 Advance by Time**

Provincial: P 7.80 2/18/2006 Robert Charbonneau, McGill Olympic Club
8.11 U USports

Name	Year School	Seed	Prelims
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Preliminaries

1 Michel, Grégory	00 Vert et Or	7.92	7.99qU
2 Jolly, Mael	04 ETS	8.70	8.77q
3 Pothier, Jérémy	01 Laval Rouge-et-Or	8.73	9.02q
4 Geysens, Thomas	05 Montréal Carabins	9.54	9.70q
5 Morin, Zacharie	02 ETS	8.70	11.16q

Men 60 Meter Hurdles 42'' bleu Ouvert

Provincial: P 7.80 2/18/2006 Robert Charbonneau, McGill Olympic Club
8.11 U USports

Name	Year School	Prelims	Finals	Points
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Finals

1 Michel, Grégory	00 Vert et Or	7.99	8.01 U	10
2 Pothier, Jérémy	01 Laval Rouge-et-Or	9.02	8.93	8
3 Geysens, Thomas	05 Montréal Carabins	9.70	9.82	6
-- Jolly, Mael	04 ETS	8.77	DNF	

Men High Jump Ouvert

Provincial: P 2.30m 2/8/1998 Charles Lefrançois, Vidéotron
2.05m U USports

Name	Year School	Seed	Finals	Points
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1 Le Gac, Mathias	02 ETS	1.95m	1.95m	10
1.85 1.90 1.95 2.00				
O O O XXX				
2 Peters, Isaac	01 Unb Reds	1.90m	J1.95m	8
1.85 1.90 1.95 2.00				
O O XO XXX				
3 Coté, Antoine	04 Vert et Or	1.97m	J1.95m	6
1.75 1.80 1.85 1.90 1.95 2.00				
O P O O XXO XXX				
4 Chiasson, Vincent	03 Laval Rouge-et-Or	1.90m	1.90m	5
1.80 1.85 1.90 1.95				
O O O XXX				

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****....Men High Jump Ouvert**

5	Boivin, Félix	03 Uqac	1.70m	1.75m	3.50
	1.60 1.65 1.70 1.75 1.80				
	O P O O XXX				
5	Jolly, Mael	04 ETS	1.88m	1.75m	3.50
	1.65 1.70 1.75 1.80				
	O O O XXX				
7	Geysens, Thomas	05 Montréal Carabins	1.75m	J1.75m	2
	1.65 1.70 1.75 1.80				
	XO O XO XXX				
8	Moncorge, Lorenz	01 ETS	1.70m	J1.75m	1
	1.55 1.60 1.65 1.70 1.75 1.80				
	O XO XO O XO XXX				
9	Gagnon, Lucas	01 Vert et Or	1.65m	1.70m	
	1.55 1.60 1.65 1.70 1.75				
	O O XO O XXX				
10	Kleindienst, Frede	77 C.A.Q.	1.70m	1.60m	
	1.55 1.60 1.65				
	O O XXX				
11	Dhif, Ahmed	08 C.A.U.L.		1.55m	
	1.55 1.60				
	O XXX				
--	Tiakoh, Yann Alex	06 C.A.U.L.		NH	
	1.55				
	XXX				

Men Pole Vault Ouvert

Provincial: P 5.50m 3/11/2001 François Thénault, C.A de Sherbrooke
4.83m U USports

Name	Year	School	Seed	Finals	Points
1 Tremblay, Eliot	05	Sherbrooke	4.85m	4.70m	
2 Mangue, Evann	00	Montréal Carabins	4.85m	J4.70m	10
3 Bédard, Sébastien	04	Montréal Carabins	4.30m	4.25m	8
4 Fortier, Raphaël	07	Sherbrooke	4.25m	3.95m	
5 Carrier, Julien	02	Vert et Or	3.76m	3.80m	6
6 Jolly, Mael	04	ETS	4.20m	J3.80m	5
7 Giroux, Thomas	03	Vert et Or	3.80m	3.65m	4
8 Hugot, Alexandre	01	ETS	3.70m	J3.65m	3

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Men Pole Vault Ouvert**

9	Horrego, Daniel	03 Laval Rouge-et-Or	4.00m	J3.65m	2
	3.50 3.65 3.80				
	XXO XO XXX				
--	Courteau, Ambroise	58 Vainqueurs Plus	3.20m	NH	
	3.20				
	XXX				
--	Vallée, Samuel	00 Vert et Or	3.80m	NH	
	3.50				
	XXX				

Men Long Jump Ouvert

Provincial: P 7.98m 3/10/1989 Edick Floréal, Régina Mundi
7.18m U USports

Name	Year School	Seed	Finals	H#	Points
1 Coté, Antoine	04 Vert et Or	6.90m	6.72m	1	10
	6.66m 6.71m PASS FOUL FOUL 6.72m				
2 Saïd, Émile	01 Laval Rouge-et-Or	6.50m	J6.72m	1	8
	FOUL 6.29m 6.56m 6.56m 6.56m 6.72m				
3 Pothier, Jérémy	01 Laval Rouge-et-Or	6.70m	6.68m	1	6
	6.59m 6.45m 6.64m 6.42m 6.68m 6.36m				
4 Parent, Cédric	03 C.A.U.L.	6.72m	J6.68m	1	
	FOUL FOUL 6.68m 6.65m FOUL FOUL				
5 Yesufu, Mouhammad	06 Vainqueurs Plus	6.01m	6.67m	1	
	6.62m 6.67m 6.36m				
6 Dinev, Nicola	09 Athlétisme Laval	6.68m	6.62m	1	
	6.47m FOUL 6.62m FOUL 6.52m 6.56m				
7 Tegha, Boyce Jr Mu	05 Impulsion	6.77m	6.52m	1	
	6.26m 6.52m FOUL PASS PASS PASS				
8 Brodeur, Vincent	05 Laval Rouge-et-Or	6.50m	6.40m	1	5
	6.40m 6.21m 4.83m PASS PASS PASS				
9 Baudot, Zachary	07 C.A.U.L.		6.24m	1	
	6.05m 6.24m 6.04m				
10 Smith, Logan	06 Unb Reds	6.00m	6.21m	1	4
	FOUL 6.21m FOUL				
11 Guipro-Lebel, Ulri	02 Uqtr Patriotes	6.15m	6.18m	1	3
	6.00m 6.18m 5.74m				
12 Vallières, Étienne	06 Zénix	6.04m	5.88m	1	
	5.45m 5.68m 5.88m				
13 Simon, Axel	04 ETS	6.51m	5.86m	1	2
	5.86m FOUL FOUL				
14 Houde, Zachari	04 Laval Rouge-et-Or	6.00m	5.62m	1	1
	FOUL FOUL 5.62m				
15 Trépanier, Emrick	07 C.A.U.L.		5.49m	2	
	FOUL 5.49m FOUL				
16 Cordey, Jean-Phili	83 C.A.Q.	5.20m	5.44m	2	
	5.37m 5.22m 5.44m				
17 Rivard, Émile	09 Lavironde	5.09m	5.39m	2	
	5.15m 4.98m 5.39m				
18 Tremblay, Émile	07 Sherbrooke		5.31m	2	
	5.31m 4.91m 5.14m				
19 Moncorge, Lorenz	01 ETS	5.51m	5.02m	2	
	FOUL 5.02m 4.87m				

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****...Men Long Jump Ouvert**

20	Gagnon, Lucas	01	Vert et Or	5.90m	4.84m	2
	4.80m	4.84m	4.69m			
21	Mansy, Louis	06	C.A.U.L.		4.82m	2
	4.72m	4.82m	FOUL			
22	Gendreau, Fabien	09	Lavironde		4.05m	2
	3.62m	4.05m	3.90m			

Men Shot Put Ouvert

Provincial: P 20.02m 2/29/1980 Bruno Pauletto
15.80m U USports

Name	Year	School	Seed	Finals	H#	Points
1 Labbé, Anthony	01	Laval Rouge-et-Or	16.00m	15.17m	1	10
		14.93m FOUL 14.73m 15.17m FOUL FOUL				
2 Briand, Olivier	02	Uqac	14.07m	13.82m	1	8
		FOUL 13.06m 12.08m FOUL 13.21m 13.82m				
3 Jeong, Tony	04	Unb Reds	13.00m	12.55m	1	6
		12.28m 12.09m 11.68m 12.55m FOUL 12.46m				
4 Nzambe-Busugu, Lan	67	Lasalle Athletics	12.64m	12.31m	1	5
		11.98m 12.06m 11.86m FOUL 12.31m FOUL				
5 Painchaud, Patrik	70	Unattached	10.00m	11.87m	2	4
		FOUL 11.24m 11.87m PASS PASS				
6 Dorais, Mathieu	00	Laval Rouge-et-Or	12.00m	11.70m	1	3
		11.70m FOUL 11.59m 10.70m FOUL FOUL				
7 Matte, Patrick	80	Drummondville		10.89m	2	
		10.89m 10.87m 10.85m 10.07m 10.29m FOUL				
8 Abel, Promise	02	Unb Reds	9.00m	10.69m	2	2
		10.67m 10.69m 9.91m				
9 Koulamon, Nean Joe	99	Uqac	11.00m	10.59m	1	1
		0.10m 9.60m 10.59m				
10 Loum, Mohamadou		Uqac	11.00m	10.28m	1	
		10.12m 10.28m 10.19m				
11 Minihan, Owen	06	Unb Reds	11.00m	10.13m	1	
		9.97m 9.79m 10.13m				
12 Kleindienst, Frede	77	C.A.Q.	9.00m	9.05m	2	
		9.05m 8.59m FOUL				
13 Larouche, Marc-Ant	98	Uqac	9.00m	8.79m	2	
		8.79m 8.47m 6.86m				
14 Déry, Martin	70	C.A.Q.	8.00m	8.54m	2	
		8.54m 8.12m 8.49m				
15 Martin, Anthony	03	Montréal Carabins	9.05m	8.27m	2	
		FOUL 7.97m 8.27m				
16 Canuel, Hugo	77	Lavironde	7.80m	7.87m	2	
		7.87m 7.83m FOUL				
17 Cordey, Jean-Phili	83	C.A.Q.	8.00m	6.33m	2	
		6.23m 6.33m FOUL				
18 Morneau-Cartier, P	01	Laval Rouge-et-Or	5.62m	5.56m	2	
		5.56m PASS PASS				

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Men Hammer Throw Ouvert**

Provincial: P 20.09m 3/7/2014 Marc-Antoine Lafrenaye-Dugas, Sherbrooke
17.05m U USports

Name	Year School	Seed	Finals	Points
1 Gagnon, Louis-Davi	07 C.A.U.L.	22.00m	22.37mPU	20Lbs
	FOUL 2.16m FOUL FOUL FOUL 22.37m			
2 Hassar, Abdellah	96 Laval Rouge-et-Or	21.00m	18.58m U	10 35Lbs
	18.33m 18.58m 18.28m FOUL FOUL 18.18m			
3 Grant, Christopher	01 Unb Reds	16.00m	16.00m	8 35Lbs
	11.95m 14.95m 14.44m 14.75m 15.08m 16.00m			
4 Jeong, Tony	04 Unb Reds	14.00m	12.94m	6 35Lbs
	12.94m FOUL 11.48m 12.41m FOUL 11.18m			
5 Bolduc, Charles-An	01 Laval Rouge-et-Or	12.00m	12.28m	5 35Lbs
	FOUL 12.28m FOUL 12.23m 12.06m FOUL			
6 Minihan, Owen	06 Unb Reds	11.00m	12.00m	4 35Lbs
	10.82m 11.05m 12.00m 11.21m 10.85m 8.74m			
7 Abel, Promise	02 Unb Reds	9.00m	10.79m	3 35Lbs
	FOUL 10.09m 10.79m 9.78m FOUL 10.47m			
8 Canuel, Hugo	77 Lavironde	9.28m	8.18m	35Lbs
	FOUL 8.18m 8.07m FOUL FOUL 8.13m			
9 Matte, Patrick	80 Drummondville		8.17m	35Lbs
	6.89m FOUL 8.17m			

Heptathlon: #1 Men 60 Meter Dash Ouvert Heptathlon

Name	Year School	Finals	H#	Points
1 Lavoie-Beaulieu, Édouard	02 Vert et Or	7.21	1	809
2 Mazerolle, Max	02 Aetos Athletica	7.26	1	792
3 Basque, Guillaume	04 Aetos Athletica	7.37	1	755
4 Arnfast, Oliver	03 Unb Reds	7.50	2	713
5 Larouche, Olivier	05 Laval Rouge-et-Or	7.63	2	671
6 Dufresne, Arthur	01 Uqac	7.65	2	665
7 Troussard, Cedric	00 C.A.U.L.	7.66	1	662
8 Gagné, Emeric	05 Laval Rouge-et-Or	7.69	2	653
9 Latour, Francis	99 Montréal Carabins	7.90	2	589

Heptathlon: #7 Men 1000 Meter Run Ouvert Heptathlon

Name	Year School	Finals	Points
1 Gagné, Emeric	05 Laval Rouge-et-Or	2:49.78	768
2 Lavoie-Beaulieu, Édouard	02 Vert et Or	2:57.24	692
3 Basque, Guillaume	04 Aetos Athletica	2:59.15	673
4 Mazerolle, Max	02 Aetos Athletica	3:01.14	653
5 Troussard, Cedric	00 C.A.U.L.	3:02.82	637
6 Larouche, Olivier	05 Laval Rouge-et-Or	3:28.54	412

Heptathlon: #5 Men 60 Meter Hurdles Ouvert Heptathlon

Name	Year School	Finals	Points
1 Basque, Guillaume	04 Aetos Athletica	8.40	884
2 Lavoie-Beaulieu, Édouard	02 Vert et Or	8.63	829
3 Mazerolle, Max	02 Aetos Athletica	8.65	825

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****....Heptathlon: #5 Men 60 Meter Hurdles Ouvert Heptathlon**

4	Troussard, Cedric	00 C.A.U.L.	9.15	713
5	Gagné, Emeric	05 Laval Rouge-et-Or	9.39	662
6	Larouche, Olivier	05 Laval Rouge-et-Or	9.54	631

Heptathlon: #4 Men High Jump Ouvert Heptathlon

Name	Year	School	Finals	Points			
1 Lavoie-Beaulieu, Édouard	02	Vert et Or	1.84m	661			
	1.75	1.78	1.81	1.84	1.87	1.90	
	XO	P	P	O	P	XXX	
2 Mazerolle, Max	02	Aetos Athletica	1.75m	585			
	1.60	1.63	1.66	1.69	1.72	1.75	1.78
	O	P	O	O	XO	O	XXX
2 Larouche, Olivier	05	Laval Rouge-et-Or	1.75m	585			
	1.69	1.72	1.75	1.78			
	O	P	XO	XXX			
2 Basque, Guillaume	04	Aetos Athletica	1.75m	585			
	1.72	1.75	1.78				
	O	O	XXX				
5 Arnfast, Oliver	03	Unb Reds	1.60m	464			
	1.60	1.63	1.66				
	O	P	XXX				
5 Gagné, Emeric	05	Laval Rouge-et-Or	1.60m	464			
	1.48	1.51	1.54	1.57	1.60	1.63	
	O	P	O	O	O	XXX	
7 Troussard, Cedric	00	C.A.U.L.	1.51m	396			
	1.45	1.48	1.51	1.54	1.57		
	O	P	O	P	XXX		
7 Latour, Francis	99	Montréal Carabins	1.51m	396			
	1.45	1.48	1.51	1.54			
	XXO	XO	O	XXX			

Heptathlon: #6 Men Pole Vault Ouvert Heptathlon

Name	Year	School	Finals	Points						
1 Lavoie-Beaulieu, Édouard	02	Vert et Or	4.70m	819						
	4.30	4.40	4.50	4.60	4.70	4.80				
	XO	P	XO	P	O	XXX				
2 Mazerolle, Max	02	Aetos Athletica	4.20m	673						
	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30		
	O	P	O	O	O	O	O	XXX		
3 Troussard, Cedric	00	C.A.U.L.	3.90m	590						
	3.60	3.70	3.80	3.90	4.00					
	XO	O	XXO	XO	XXX					
4 Basque, Guillaume	04	Aetos Athletica	3.70m	535						
	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80		
	O	P	O	XO	O	O	O	XXX		
5 Larouche, Olivier	05	Laval Rouge-et-Or	3.30m	431						
	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40
	XO	P	O	P	O	P	O	O	O	XXX
6 Gagné, Emeric	05	Laval Rouge-et-Or	3.20m	406						
	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	
	O	P	XX	P	O	O	XO	O	XXX	

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Heptathlon: #2 Men Long Jump Ouvert Heptathlon**

Name	Year School	Finals	Points
1 Lavoie-Beaulieu, Édouard 6.72m 6.58m 6.35m	02 Vert et Or	6.72m	748
2 Mazerolle, Max 6.32m 6.35m 6.47m	02 Aetos Athletica	6.47m	691
3 Basque, Guillaume 6.24m 5.97m 6.04m	04 Aetos Athletica	6.24m	639
4 Troussard, Cedric 5.99m 5.88m FOUL	00 C.A.U.L.	5.99m	584
5 Gagné, Emeric FOUL 5.24m 5.76m	05 Laval Rouge-et-Or	5.76m	535
6 Larouche, Olivier 5.41m 5.61m 5.43m	05 Laval Rouge-et-Or	5.61m	504
7 Arnfast, Oliver 5.25m FOUL 5.57m	03 Unb Reds	5.57m	496
7 Dufresne, Arthur 5.57m FOUL PASS	01 Uqac	5.57m	496
9 Latour, Francis 5.07m 4.79m PASS	99 Montréal Carabins	5.07m	396

Heptathlon: #3 Men Shot Put Ouvert Heptathlon

Name	Year School	Finals	Points
1 Gagné, Emeric 12.63m 13.80m 12.97m	05 Laval Rouge-et-Or	13.80m	716
2 Basque, Guillaume 12.00m 12.55m FOUL	04 Aetos Athletica	12.55m	640
3 Lavoie-Beaulieu, Édouard 12.28m FOUL 11.88m	02 Vert et Or	12.28m	623
4 Mazerolle, Max 10.75m 11.66m 11.30m	02 Aetos Athletica	11.66m	586
5 Arnfast, Oliver 9.90m 9.98m 9.52m	03 Unb Reds	9.98m	484
6 Troussard, Cedric 7.80m 8.81m PASS	00 C.A.U.L.	8.81m	414
7 Latour, Francis 8.22m PASS PASS	99 Montréal Carabins	8.22m	379
8 Larouche, Olivier 7.57m FOUL 7.72m	05 Laval Rouge-et-Or	7.72m	350

Men Heptathlon Ouvert

Name	Year School	Seed	Finals	H#	Points
1 Lavoie-Beaulieu, É	02 Vert et Or	4800	5181.00 U		10
2 Mazerolle, Max	02 Aetos Athletica	4717	4805.00		
3 Basque, Guillaume	04 Aetos Athletica	4500	4711.00		
4 Gagné, Emeric	05 Laval Rouge-et-Or	4000	4204.00		8
5 Troussard, Cedric	00 C.A.U.L.	4200	3996.00		
6 Larouche, Olivier	05 Laval Rouge-et-Or	4100	3584.00		6

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Men 3000 Meter Race Walk Ouvert**

Name	Year	School	Seed	Finals
1 Béchard, Yvan	62	Indépendant	16:11.00	15:40.71
2 Laflamme, Denis	54	Unattached	18:00.00	19:36.56

**Men 60 Meter Hurdles 39'' Bleu Junior
Top 7 Advance by Time**

Name	Year	School	Seed	Prelims
Preliminaries				
1 Fournier, Lambert	05	Sherbrooke	8.15	8.23q
2 Pomerleau, Gabriel	06	Sherbrooke		8.34q
3 Baudot, Zachary	07	C.A.U.L.		8.65q
4 Vallieres, Étienne	06	Zénix	8.71	9.09q
5 Mansy, Louis	06	C.A.U.L.		10.27q
6 Tiakoh, Yann Alex	06	C.A.U.L.		11.02q

Men 60 Meter Hurdles 39'' Bleu Junior

Name	Year	School	Prelims	Finals
Finals				
1 Pomerleau, Gabriel	06	Sherbrooke	8.34	8.20
2 Fournier, Lambert	05	Sherbrooke	8.23	8.23
3 Vallieres, Étienne	06	Zénix	9.09	9.09
4 Mansy, Louis	06	C.A.U.L.	10.27	10.52
-- Baudot, Zachary	07	C.A.U.L.	8.65	DQ TR 16.8

Men Shot Put 6kg Junior

Name	Year	School	Seed	Finals
1 Gagné, Mathis	07	Drummondville	14.00m	11.28m
		10.45m FOUL 11.10m FOUL FOUL 11.28m		

Heptathlon: #1 Men 60 Meter Dash Junior Heptathlon

Name	Year	School	Finals	Points
1 Badr, Ali	07	C.A.U.L.	7.37	755
2 Simard, Liam	05	Sherbrooke	7.44	732
3 Gervais, Louis-Philippe	06	C.A.U.L.	7.46	726
4 Laberge-Ramirez, Elio	07	C.A.U.L.	7.67	659

Heptathlon: #7 Men 1000 Meter Run Junior Heptathlon

Name	Year	School	Finals	Points
1 Badr, Ali	07	C.A.U.L.	2:53.22	732
2 Simard, Liam	05	Sherbrooke	2:53.74	727
3 Gervais, Louis-Philippe	06	C.A.U.L.	2:55.83	706
4 Laberge-Ramirez, Elio	07	C.A.U.L.	2:58.93	675

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Heptathlon: #5 Men 60 Meter Hurdles 39'' bleu Junior Heptathlon**

Name	Year School	Finals	Points
1 Simard, Liam	05 Sherbrooke	8.59	839
2 Badr, Ali	07 C.A.U.L.	9.00	746
3 Gervais, Louis-Philippe	06 C.A.U.L.	9.08	728
4 Laberge-Ramirez, Elio	07 C.A.U.L.	9.67	605

Heptathlon: #4 Men High Jump Junior Heptathlon

Name	Year School	Finals	Points
1 Simard, Liam	05 Sherbrooke	1.90m	714
		1.75 1.78 1.81 1.84 1.87 1.90 1.93	
		O P O XO XO XO XXX	
2 Badr, Ali	07 C.A.U.L.	1.87m	687
		1.75 1.78 1.81 1.84 1.87 1.90	
		O P XO P XXO XXX	
3 Gervais, Louis-Philippe	06 C.A.U.L.	1.69m	536
		1.60 1.63 1.66 1.69 1.72	
		O P O XO XXX	
4 Laberge-Ramirez, Elio	07 C.A.U.L.	1.54m	419
		1.48 1.51 1.54 1.57 1.60	
		O P O P XXX	

Heptathlon: #6 Men Pole Vault Junior Heptathlon

Name	Year School	Finals	Points
1 Simard, Liam	05 Sherbrooke	3.90m	590
		3.70 3.80 3.90 4.00	
		O P XXO XXX	
2 Gervais, Louis-Philippe	06 C.A.U.L.	3.50m	482
		3.30 3.40 3.50 3.60	
		XO P O XXX	
3 Laberge-Ramirez, Elio	07 C.A.U.L.	3.40m	457
		2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50	
		O P O P XO P O XO O O XXX	
4 Badr, Ali	07 C.A.U.L.	2.90m	333
		2.70 2.80 2.90 3.00 3.10	
		O P O P XXX	

Heptathlon: #2 Men Long Jump Junior Heptathlon

Name	Year School	Finals	Points
1 Simard, Liam	05 Sherbrooke	6.40m	675
		6.40m 6.21m 6.33m	
2 Badr, Ali	07 C.A.U.L.	6.26m	644
		6.18m FOUL 6.26m	
3 Gervais, Louis-Philippe	06 C.A.U.L.	5.67m	516
		FOUL 5.47m 5.67m	
4 Laberge-Ramirez, Elio	07 C.A.U.L.	5.46m	473
		FOUL FOUL 5.46m	

Rouge et Or invitation 7-8 decembre - 12/7/2024 to 12/8/2024**12/7/2024 to 12/8/2024****Results****Heptathlon: #3 Men Shot Put Junior Heptathlon**

Name	Year School	Finals	Points
1 Simard, Liam 13.82m FOUL FOUL	05 Sherbrooke	13.82m	717
2 Gervais, Louis-Philippe 10.57m 10.33m FOUL	06 C.A.U.L.	10.57m	520
3 Badr, Ali 10.01m 9.52m 9.42m	07 C.A.U.L.	10.01m	486
4 Laberge-Ramirez, Elio FOUL 9.09m 8.82m	07 C.A.U.L.	9.09m	431

Men Heptathlon Junior

Name	Year School	Seed	Finals	H#
1 Simard, Liam	05 Sherbrooke	4800	4994	
2 Badr, Ali	07 C.A.U.L.		4383	
3 Gervais, Louis-Philippe	06 C.A.U.L.		4214	
4 Laberge-Ramirez, Elio	07 C.A.U.L.		3719	

**Men 60 Meter Hurdles 36'' jaune Veteran
Top 7 Advance by Time**

Name	Year School	Seed	Prelims
Preliminaries			
1 Le Mouël, Yannick	67 Saint-Jean O		9.17q

Men 60 Meter Hurdles 36'' jaune Veteran

Name	Year School	Prelims	Finals
Finals			
1 Le Mouël, Yannick	67 Saint-Jean O	9.17	9.07